

Unit 1 Introduction to the Role of the Nurse Aide

Lesson 2 – Characteristics of the Elderly and Resident's Rights

Goals:

- Understand the meaning of resident's rights
- Understand terminology related to body systems
- Become acquainted with terminology related to the different body systems
- Understand there are effects to aging on each of the body systems
- Understand the vocabulary used to describe the effects of aging

Activities

1. Review

Use one or more of the following activities (see instructor information for directions on each activity) to review previous lesson's vocabulary and/or verb list.

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| 1. Word Bingo (listening) | 2. Oral cloze exercise |
| 3. Word Bingo (definitions) | 4. I can/ I can't Verb Practice |
| 5. Blackboard Bingo (definitions) | 6. Verb tense practice |

2. Introduction to CNA topic - Characteristics of the elderly and resident's rights

Characteristics of the elderly refers to effects of aging on the body both physically and mentally. Resident's rights is a very important part of the CNA course. Resident's rights are protected by federal law. Explain that federal affects every state in the United States.

3. Vocabulary and verb lists

Introduce students to the vocabulary lists

- **Unit 1 Lesson 2 Vocabulary**
- **Unit 1 Lesson 2 Verb**

Remind students that they can keep their own personal list for words that are not included on the regular vocabulary list.

- **Unit 1 Lesson 1 My Vocabulary list**

4. Resident Rights

Read the Resident's Bill or Rights.

- **Unit 1 Lesson 2 Resident's Bill of Rights**

Questions for group discussion:

Why are rights important? Do all countries have these same types of rights? Were students aware that residents in nursing homes have these rights? Which rights do you feel are the most important? How do resident rights affect nurses, doctors, nurse aides, and other employees?

Have the students complete the worksheet either independently or as a group activity.

- **Unit 1 Lesson 2 Resident's Bill of Rights Worksheet**

5. Body Systems and Effects of Aging

Discuss the different body systems and general discussion of what they do. Use the rubric titled Body Systems, Functions and Aging. Use photo illustration of body to aid discussion.

- **Unit 1 Lesson 2 Body Systems, Functions, and Aging**
- **Unit 1 Lesson 2 Body Illustration**

Individually or as a group, complete the matching worksheet. Use the body systems rubric to identify the word that does not belong to the body system.

- **Unit 1 Lesson 2 Body Systems Matching Worksheet**

6. Writing in Present Tense

Write sentences in simple present tense using the verbs from the verb list. Remind students that simple present tense is used for things that are true in general or that happen sometimes or all of the time. When the subject is singular, you must add an "s" to the verb.

Examples -

Singular: The resident looks happy.

Plural: The residents look happy.

- **Unit 1 Lesson 2 Writing Sentences Activity**

Write a sentence to describe the effects of aging on each of the systems of the body. Use correct form of the simple present tense verb.